

Using eLibraryUSA for Information on Health, Wellness, and Medicine

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Academic OneFile

Academic OneFile compiles a huge number of scholarly articles and news sources across all disciplines. To find a list of topics related to your search, click on "Subject Guide Search" in the orange bar near the top of the page. Using the tool bar on the left side of the page, you can narrow your results by length, type of publication, and whether or not they include images. Academic OneFile is not just for scientific research; you can also use it to find magazine and newspaper articles about current issues in health and medicine.

Britannica Library

Britannica provides encyclopedia entries on a wide range of topics that includes medicine and health. On the home page, there are search boxes for "Children," "Young Adults," and "Reference Center" that allow you to find content appropriate for each age and/or English language level. On the left side of the search results page, you can sort by a variety of content types: articles, images, videos, dictionary, magazines, popular sites, primary sources, and e-books. While reading an article, click on words highlighted in blue for a helpful dictionary definition.

ebrary

ebrary is an e-book library in which you can either search on a specific term or browse within a particular subject heading. On the home page under "Arts & Leisure," choose "Health & Fitness." The e-books include texts for medical professionals, but there are also self-help, informational, and historical books for students and patients. You can read anything from "Boxing Fitness" to "The History of Smallpox."

Filmmakers Library Online

Under the "Browse" tab, choose "Topics." From there, you can select either Health or Medicine to find a collection of short video clips and full-length films. You can also search for a specific topic or build a playlist of relevant videos.

Gale Science in Context

On the home page, there is a "Health and Medicine" heading above a few featured health topics. Click "View All" to see a list of articles, ranging from specific diseases to famous scientists. Some articles have an Audio feature so you can listen to them read aloud. Many pages also link to academic journals, experiments, current news, and informational videos.

Global Issues in Context

This database focuses on the social and cultural effects of current health issues, not just the medical facts. Under "Browse Issues and Topics" on the home page, click "Health and Medicine" for a list of selected topics. It covers diseases, natural disasters, pharmaceuticals, interdisciplinary topics like "Faith and Medicine," country-specific reports like "Famine in Somalia," and global health organizations like the WHO.

IIP Digital

IIP Digital brings materials from the U.S. government to an international audience in order to share U.S. foreign policy and American culture. Its content is available in English, Spanish, French, Russian, Farsi, Chinese, Arabic, Portuguese, and Urdu. From the home page, choose "Environment, Science, Technology & Health." Scroll down to see recent publications like Science and eJournal USA. Since the science section focuses on the environment and technology as well as health, use the search bar to find more specific content. IIP focuses on a new theme each month, so check back for new materials!

PowerKnowledge Life Science

PowerKnowledge is geared toward kids. On the left side of the home page, choose "Human Body" to link pictures, brief descriptions, and definitions about body parts, body systems, and cells.

Smithsonian

Smithsonian Collections Online allows you flip through digital copies of both the Smithsonian Magazine and Air & Space Magazine. Use the search box at the top of the page to look for a particular health or medical topic. To narrow your search, use the toolbar on the left to choose magazine titles, publication dates, and more specific subjects within the results.

You can also visit http://www.smithsonianmag.com/ to read about current health issues, like genetic sequencing, as well as to see descriptions and pictures from the Smithsonian's collections. Choose "Science" and then "Mind & Body," or click on the magnifying glass icon at the top of the page to open a search box. To go beyond the Smithsonian Magazine and look through the museum's health- and medicine-related objects, click "At the Smithsonian" and search for relevant exhibitions, collections, or new research.

Teen Health and Wellness

This site targets teens' mental and physical health, providing resources about relationships, diseases, nutrition, drugs and alcohol, and more.

TrueFlix

Directed at kids and new English learners, TrueFlix provides four units about human body systems: circulatory, digestive, nervous, and respiratory. For each system, students can click through an informational e-magazine, watch a video, play games, and complete a suggested project.

Additional Resources

MedlinePlus

MedlinePlus is a free resource that the National Institutes of Health produces for patients, not doctors or researchers. Important health and safety topics are showcased on the home page, but you can also use the search bar for more specific concerns. Click on "Videos & Cool Tools" to watch and learn about human anatomy, diseases, medical tests, and surgeries. You can also take health quizzes and play educational games. The Medline Plus website is also available in Spanish.

PubMed

PubMed is a free resource maintained by the National Institutes of Health. It allows users to search biomedical databases for professional-level research content. Note that PubMed compiles abstracts, not necessarily full text articles. Once you enter a search, select "Free Full Text" on the left sidebar to see the articles you can access.

At the bottom of the PubMed homepage, you can find a variety of useful links. Under the "Resources" heading, click on a medical topic to find a list of relevant databases. Under "Featured," click on "PubMed Health" and then "Behind Headlines" to read consumer-friendly articles about popular health topics.